

## SHORT COURSE DETAILS

### S3D07610 SWEDISH TWINED KNITTING WITH EMBROIDERY AND TUFTING

Tutor: LUCINDA GUY

Dates: 3 DAYS MONDAY 5 FEBRUARY – THURSDAY 8 FEBRUARY

#### ABOUT YOUR COURSE:

Swedish twined knitting for mittens: construction, embroidery, tufting and fringing. Learn an ancient Scandinavian knitting technique for creating authentically constructed, embroidered and decorated Swedish mittens and mitts using 5 needles and Swedish Z-spun, pure wool yarn.

During the course you will explore the history and construction of this fascinating ancient Swedish knitting technique. Twined knitting – tvåändsstickat or 'two-ended' knitting – creates characteristically durable and warm garments with distinctive raised and textural stitch patterns. This technique produces a beautiful, firm, double thick fabric which is perfect for mittens and an ideal base for embroidery, tufting and fringing.

You will learn a specific, decorative two-colour twined cast on technique, twined knit and purl stitches, 'O' stitches, crook stitches and chain paths, working on twined knitted mittens and mitts as you go. You will also have the opportunity to learn all about the simple embroidery stitches, tufted band and fringing techniques traditionally used on twined knitted mittens and you will learn how to plan and apply them to your own twined knitted projects.

Once you have completed the course you will understand how to knit, construct, plan, embroider, tuft and fringe your own twined knitted mittens.

#### LEVEL: INTERMEDIATE

Skills development. For those who have taken a related course or have some existing skills. The focus is on further developing and building of skills working towards independent practice.

#### *Is there anything a potential student needs to be able to do to succeed on this course?*

This course would be ideal for the intermediate knitter who has either taken a related course or has some existing skills as you will need to be able to knit confidently with 5 needles in the round and have some understanding or experience of simple embroidery stitches.

#### ABOUT YOUR TUTOR:

I'm a knitwear designer-maker, tutor and author of ten knitting, crochet and stitch books. I specialise in Northern, Scandinavian and Baltic hand knitting, nålbindning and crochet techniques and enjoy traveling to research the knitting and textile cultures, yarn and folk history of these areas.

#### TIMETABLE:

##### Arrival day: Monday 5 February

From 4.00pm	Arrival for residential students
6.45pm	Non-residential students please arrive by 6.45pm for welcome chat and dinner
7.00pm	Dinner
8.00pm–9.00pm	First teaching session – attendance is an essential part of the course.

##### Other days: Tuesday 6 and Wednesday 7 February

9.15am	Morning classes start
10.30am	Coffee
11.00am	Morning classes continue

**Other days continued: Tuesday 6 and Wednesday 7 February**

12.45pm	Lunch
2.00pm	Afternoon classes
3.30pm	Tea
4.00pm	Afternoon classes continue
5.00pm	Classes finish
From 6.30pm	Dinner
8.00pm	Evening working: workshops are available up to 10pm for those wishing to work on providing this has been discussed with the tutor. These sessions are untutored.

**Departure day: Thursday 8 February**

(Residential students to vacate rooms by 10am)

9.15am	Morning classes start
10.30am	Coffee
11.00am	Morning classes continue
12.45pm	Lunch
2.00pm	Afternoon classes
3.00pm	Classes finish
3.30pm	Tea then departure

**MATERIALS FOR YOUR COURSE:**

We have a generously stocked craft shop, which opens daily from 8.30am–2pm.

For any materials you need to purchase from the shop, we suggest you do so during the first morning of your course, after having discussed with your tutor.

**Additional charge:**

On this course the tutor will supply all of the knitting yarn but not the knitting needles and an additional charge of around £25.00 (depending on quantity of yarn used), should be paid to the tutor before the end of the course, by cash or cheque.

**Available from the tutor:**

Z spun Swedish pure wool yarn  
2 ply Swedish pure wool yarn

**Please bring:**

Any sets of 5 double-pointed knitting needles suitable for a 2-ply fine Sport Weight yarn, if you have them, and in addition: wool embroidery needles, scissors, pen, pencil and note book.

**HEALTH AND SAFETY:**

The tutor instructs students in health and safety issues relevant to this course. There are no health and safety restrictions on access to this studio/teaching space in the absence of the tutor. All Personal Protection Equipment, apart from footwear, is provided by the College.