

SHORT COURSE DETAILS

SID07734 JAPANESE ORIGAMI – A TASTER DAY

Tutor: MARI ONO

Date: 1 DAY SATURDAY 24 MARCH

ABOUT YOUR COURSE:

This course will use traditional Japanese origami to make oriental and beautiful accessories. Origami's techniques are one of the traditional crafts that has passed hundreds of years of history in Japan. We will get the impression of making magically beautiful looking objects from a piece of paper.

The therapeutic effects of Origami are well known in Japan and here Mari Ono – an expert in Japanese paper crafts – reveals how a few simple folds can reduce stress, improve concentration, and help overcome negativity.

By focusing on the experience of creating beautiful paper flowers, objects and more, this course will guide you on a path to connectedness, awareness, and improved physical and emotional health. Not only that, the feelings of joy and satisfaction gained from completing a model will bring inner peace and help to redress emotional imbalances in our daily lives.

In this course you will create your own Origami earrings, Origami brooch and beautiful ornaments for decorating the room like an Origami tapestry.

LEVEL: SUITABLE FOR ALL

A subject focused course that is delivered to suit any level of experience from beginner to advanced practitioner. A structured start is followed by guided independent practice.

ABOUT YOUR TUTOR:

Mari Ono, author and designer was born in Tokyo. She worked as a graphic designer and crafter in Tokyo during the 1980s and 1990s. Now living in the UK with her artist husband, Takumasa Ono, she runs art and cultural exchange courses promoting Japanese crafts and contributes regularly to Japanese craft and interiors magazines.

Mari is an expert in Origami and the founder of HAPPY ORIGAMI PAPER Ltd. Since 2005, in co-operation with London based book publisher Cico Books, she has published books for over 10 years. Her books include the best-selling *The Simple Art of Origami*, *Origami for Children*, *More Origami for Children*, *Origami Farm* and *Origami for Mindfulness*. The books have been sold globally, including the US, and have topped the sales of over 550,000 copies, and have also sustained a high position within the Amazon UK's best sellers. Furthermore, in the fall of 2016, the books won the Best Children's Craft Book Award at home maker art and craft book prize by *Homemaker* magazine.

TIMETABLE:

9.15am	Morning classes start
10.30am	Coffee
11.00am	Morning classes continue
12.45pm	Lunch (included)
2.00pm	Afternoon classes
3.30pm	Tea
4.00pm	Afternoon classes continue
5.00pm	Classes finish

MATERIALS FOR YOUR COURSE:

We have a generously stocked craft shop, which opens daily from 8.30am–2pm, for any materials you need to purchase from the shop.

Materials included in the course fee:

Origami papers to make the projects during the course.

Available from the Shop:

Glue

Backing board

A3 plastic art carrycases

Available from the tutor:

Additional Origami paper pack £5–£15

Please bring any of the above, if you have them, and in addition:

A small box to take your Origami accessories home

A3 size packaging to take home your Origami tapestry

HEALTH AND SAFETY:

The tutor instructs students in health and safety issues relevant to this course. There are no health and safety restrictions on access to this studio/teaching space in the absence of the tutor. All Personal Protection Equipment, apart from footwear, is provided by the College.